

Questions For Self Examination

How long has it been since you have stopped and taken time to assess your personal progress? How long has it been since you have taken time to take a good look at yourself and determine how you are doing in your personal relationships? All of us have periodic examinations – health, financial, automotive and even our teeth are examined. Why not take a few moments and examine your relationships? Take a few moments to answer these questions, and see how you are doing.

- (1) How much have I learned about the people with whom I live and work? Do I know and understand them better than I did a year ago? "Just as iron sharpens iron, friends sharpen the minds of each other." (**Proverbs 27:17**)
- (2) How many new people have I become acquainted with this year? "You are better off to have a friend than to be all alone, because then you will get more enjoyment out of what you earn." (**Ecclesiastes 4:9**)
- (3) Have I alienated anyone in the last year? Was it avoidable? What have I done to restore the relationship? "Making up with a friend you have offended is harder than breaking through a walled city." (**Proverbs 18:19**)
- (4) Is my personal reputation as good or as better than it was a year ago? What events have most affected my reputation? "A good reputation and respect are worth much more than silver and gold." (**Proverbs 22:1**)
- (5) Have I faced any personal challenges during the past year? If so, how did I handle them? What did I learn in the process? "Even if good people fall seven times, they will get back up". (**Proverbs 24:16**)
- (6) Have I learned any new skills in the past year? How have my interpersonal skills, analytical skills or judgment improved? "Everyone with good sense wants to learn." (**Proverbs 18:15**).
- (7) Has my self-discipline improved? How I improved is being able to control myself? Correction and self-control will lead you through life." (**Proverbs 6:23**).

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